



Agenda for Action

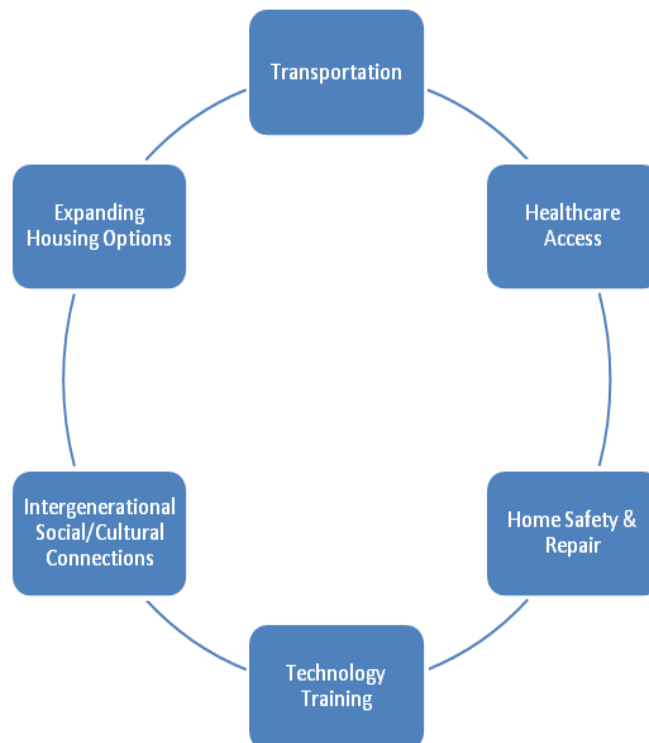
Creating mutually supportive, intergenerational, elder-friendly communities to keep older residents in their homes & communities in Bedford, Lewisboro, Mount Kisco, North Castle, North Salem, Pound Ridge and Somers.

2007-2008: For entire community: Raised awareness about issues and opportunities through education and discussion as a Livable Communities connection, provided information & referral, organized community development task forces, mobilized home safety & repair resources, and provided intergenerational technology training.

2009-2010: Same as above, plus:

- Launching mutually supportive membership and volunteer opportunities, while expanding member-only benefits with merchants, trips, concerts, lectures, tours both regionally and within each town, starting in Katonah and Bedford Village – soon.
- Seeking grants and other support for one call, arm-through-arm regional transportation system, increasing availability of direct care workers, expanding home repair staffing and supervision, and raising funds to provide membership subsidies.

Building the ALOFT Circle of Support 2009-2010





Thank you ALOFT volunteers and contributors!

At this Annual Meeting of 2008, we wish to thank the following volunteers and organizations whose selfless contributions of time and talents have helped to further ALOFT's good works since our incorporation in 2007. Without you, there would be no ALOFT. Thank you!

Board of Directors (Term Expiration)

Karen Benedict (2009)
Peter Bisulca (2010)
Jean F. Coppola (2010)
Joyce Dupee, Vice President (2010)*
Rev. David Johnson (2008)
Sharon Krieger (2008)
Heather Petre (2010)
Jonathan Powers, Treasurer (2009)*
Hon. Lee Roberts (2009)
Irene Sandford, Secretary (2008)*
Vicki Schott (2008)*
William T. Smith (2009)*
Barbara Taberer (2009)
Jo Voegel (2010)
Jeffrey Vreeland (2010)
Rev. William Weisenbach (2009)
Catherine Wynkoop, President (2010)*

* *Executive Committee Members*

Livable Community Council at ALOFT

Albert Annunziata
Joan Arnold
Rina Bellamy
Hon. Ed Brancati
Peggy Clarke, Chair
Cynthia Curtis
Ralph Gregory
Hon. Peter Harckham
Virginia Johnson
Ursula LaMotte
Thomas McGrath
Joseph Morreale
Hon. Mary Beth Murphy
Vivian Shevitz
Barry Singer
Sal Vaccaro
Catherine Wynkoop, Coordinator
Linda Yurus

Livable Community at ALOFT Task Forces

Healthcare Task Force: Grace Cognetta (RN, Geriatric Care Manager, hospice, homecare), Beverly Golisano (North Salem Seniors), Sharon Krieger (MD, Internal Medicine), James Luciano (MD Geriatric Specialist), Karen Marousek (RN, Professional Geriatric Care Manager, hospice, homecare), Barbara Taberer (Somers Nutrition), Jo Voegel (Professional Geriatric Care Manager), Linda Yurus (Lewisboro Seniors).

Intergenerational Task Force: Rina Bellamy (My Second Home), Peggy Clarke (Junior League), Roseann Rutherford (Junior League), Sal Vaccaro (Caramoor).

Shared Services Task Force: Beverly Golisano (North Salem Senior Programs), Barbara Taberer (Director Somers Senior Programs), Linda Yurus (Lewisboro Seniors).

Smart Growth, Land Use, Housing Task Force:

Neil Alexander (Cuddy Fedder, land use attorney), Joan Arnold (A-Home), Peggy Clarke (Junior League), Cynthia Curtis (North Salem Open Spaces, Housing Board), Paul Gallay (Land Trust), Ralph Gregory, Tony Hoeltzel (Community Housing Resource Center), Sabrina Charney Hull (Somers Town Planner), Tom McGrath (Blue Mountain), Rose Noonan, Chair (Housing Action Council), Irene Sandford (At Home in Somers), Vivian Shevitz (Attorney), Barry Singer (At Home in Somers), Jeffrey Vreeland (Lewisboro Housing Board).

Transportation: Virginia Johnson (Senior Transportation Planner Westchester & Katonah resident), Irene Sandford (At Home in Somers), Bea Rieser (FISH scheduling volunteer), Caryl Weinstein (Westchester Dept Senior Programs & Services).

Operations Volunteers

College Students from The Ivan G. Seidenberg School of Computer Science and Information Systems

- *From Professor Jean Coppola's Community Learning Class:* Marilena Coletto, Christina Detko, Michael DiSimone, James Kiernan, Elizabeth Knoche, Valene Kowalchuk conducted intergenerational technology classes for older residents at Fox Lane High School, Fall 2007, Spring 2008, and Fall 2008.
- *Professor Cindy Penchina's Website Design Class, Spring 2008.*
- *Professor Hsui-lin Winkler's Relational Database Class, Fall 2007.*

Thank you also to Professor Alan Stix, Professor Nancy Lynch Hale, and Associate Dean David Sachs.

Communications & Graphics

Anonymous
Robert Galante
Paul Paauwe

Grants & Fundraising

Mary Duhe
Jane Pendergast

Legal

Keane & Beane, PC: Steven Schurkman, Nancy Tagliaferro; *Pro Bono Partnership:* Maurice Segall, Sarah Persily, Mitchell Ash, Jennifer Fischman, Marc Schechter.

Office

*Laura April
Gordon Bell
Deborah E. Brown
Anne-Marie Sirois
*Deceased 2008.

Program

Paula Desperito
Joyce Dupee
Lisbeth "Boo" Fumagalli
Diane Tully
Arthur Weisberg
The Pound Ridge Volunteer Ambulance Corps

We also wish to thank the following organizations for providing complimentary meeting spaces:

A-Home Housing.
Hiram Halle Library (Pound Ridge).
My Second Home/ Family Services of Westchester.
The Bedford Free Library.
The First Presbyterian Church of Katonah (Parlor, Library, Classrooms and Fellowship Hall).
The Mount Kisco Medical Group.
The Northern Westchester Hospital.
The Somers Public Library.
The Town of Bedford (Supervisor's office, Court and Cherry Street Conference Room).
The Town of Lewisboro (Recreation Center).
The Town of Mount Kisco (Fox Center).
The Town of North Castle (Annex and the Hergenhan Recreation Center).
The Town of Pound Ridge (Town House Parlor).

And we wish to acknowledge our financial contributors and thank them for their generosity.

Deborah E. Brown
Joyce Dupee
Rev. David Johnson
James Polos
Jonathan Powers
Lee V.A. Roberts
Vicki Schott
Joan Silbersher
Anne-Marie Sirois
William T. Smith
Barbara Taberer
Rev. William Weisenbach
Catherine Wynkoop
Martin Yablonski
The First Presbyterian Church of Katonah Men's Breakfast Group
The First Presbyterian Church of Katonah Mission & Outreach
The Public Private Partnership on Aging and Westchester County Department of Senior Programs and Services Livable Communities

Other support that we gratefully accepted!

Katie and Tommy with their grandmother, Irene Sandford, who baked us delightful holiday cookies in 2007.

Educational and Advocacy Sessions 2007-2008
10/1/07, 11/05/07, 12/03/07, 1/14/08 Multiple
visioning and livable communities
implementation planning sessions.

2/4/08 at Hergenhan Recreation Center,
Armonk LCC ALOFT Intergenerational Task Force
on Communities for All Ages --Intergenerational
issues and strategies with Junior League of
Northern Westchester & Putnam and My
Second Home.

3/3/08 at Bedford Town Hall, on Staying at
Home Safely and Confidently: Issues and
Strategies by Bedford Police Chiefs Menzel and
Dave Ryan plus Lewisboro Town Supervisor, Ed
Brancati.

4/14/08 at Somers Public Library on Tax
Abatement with Assemblyman Adam Bradley,
Senator Vinnie Leibell's Legislative Aide, Kellie
Montagnino, Assemblyman Greg Ball, County
Legislator Peter J. Harckham, County Legislator
Martin Rogowsky.

5/14/08 at My Second Home, Mt Kisco, AARP
Get Around Workshop by Michael Olender of
AARP; Home Care Questions and Answers by
Donna Kane, RN Director of Home Care at
Family Services of Westchester.

5/22/08 at My Second Home, Mt Kisco, on Tax
Abatement with the Hon. Sandy Galef, NYS
Assemblywoman.

6/9/08 AARP Walkability Survey Day at Routes
100 and 202 in Somers.

7/15/08 at Lewisboro Parks and Recreation
Department, Goldens Bridge Community House.
Making Your Home More Energy Efficient
featuring Elyssa Roth, Courtney-Strong, Mid-
Hudson Smart Communities.

8/7/08 at Fox Center, Mt Kisco, Westchester
2025: How residents will plan with county
government on regional land use, traffic &
transportation, storm water and other issues of
importance to us by Wm. Brady, Associate
Planner Westchester Co. Dept of Planning.

9/24/08 at Northern Westchester Hospital, LCC
ALOFT Healthcare Task Force Part I of V part
series: The Sandwich Generation: How to
Avoid a Crisis -- Optimizing Your Visit with the
Doctor by Sharon Krieger, MD.

10/22/08 at Northern Westchester Hospital,
Part II of V: The Sandwich Generation: How to
Avoid a Crisis -- Cliff Notes for Caregivers by Jo
Voege, Professional Geriatric Care Manager.

11/8/08 at Hiram Halle Library, Pound Ridge,
Part III of V: The Sandwich Generation: How to
Avoid a Crisis -- 10 Caregiver Tips by James
Luciano, MD, Specialist in Geriatric Medicine.

11/19/08 at First Presbyterian Church of
Katonah, The Financial Storm, Finding Your Way
Through Economic Uncertainty, featuring Hon.
Peter J. Harckham and William M. Mooney,
Westchester County Association.

Upcoming Educational and Advocacy Sessions
2008-2009 (dates to be determined)

- Part IV of V: The Sandwich Generation:
Where Do We Begin: What to Expect from
Providers and Professionals featuring Karen
Marousek, RN, and Grace Cognetta, RN,
Professional Geriatric Care Managers.
- Part V of V: The Sandwich Generation:
Services Available and How to Access
featuring Barbara Taberer (Somers), Linda
Yurus (Lewisboro), and Beverly Golisano
(North Salem), Directors of Senior
Programs.
- CarFit Community Forum - Mercy College
- The pilot Project Lifesaver program -- Free
transmitter bracelets to 100 local seniors
who suffer from Alzheimer's disease and
other forms of dementia and are prone to
wandering.
- CrimeBusters featuring the Elder Abuse
Coalition of Westchester County -- Keeping
Seniors Safe.
- Long Term Care Insurance -- NYS
Partnership and Indemnity Policies.
- Caregiving Supports: Family Caregiver
Support Program of Westchester County,
the Alzheimer's Association, and the Ken
Hamilton Caregiver Center at Northern
Westchester Hospital. And more...